



Welcome to the Warm 'n' Well newsletter
*Tena koutou katoa , Kia orana, Fakaalofa lahi atu,
Malo e lelei, Ni sa bula vinaka, Talofa lava,
Taloha ni and WARM Pacific greetings to you all.*

Issue 5 / July 2010

FREE HOME INSULATION AND HEALTH VISIT AVAILABLE AGAIN

Warm 'n' Well applications are now open.

The Warm 'n' Well team are pleased to announce that applications are open once again!

If families meet the updated criteria (below) they can apply for free home insulation as soon as possible by phoning us on 09 838 1898.

Families feeling the ills and chills of winter **want to make their home warmer and drier right now**, so please give them the good news.

Applicants must:

- have children 14 years and under living in the home
- have a Community Services Card (in the name of the applicant, not a child's)
- be living in a home built before January 2000
- either rent privately or own their home (not a Housing NZ home)
- live in West Auckland, Rodney or North Shore (eligible homes in West Auckland may be prioritised)

Since the programme began in May 2008 Warm 'n' Well nurses have visited over 1120 homes and 1145 homes have been referred on for free insulation. Nurse appointments and referrals to insulators can now begin again so **please let families who meet the criteria know that they can apply now to Warm 'n' Well for FREE home insulation.**

- Families can phone us for an application on 09 838 1898.
- We can send you and your organisation our new revised brochures, phone us or email info@warmnwell.org.nz
- We can come to your organisation and let you know what Warm 'n' Well offers and how families can apply.

For more information visit www.warmnwell.org.nz

What does Warm 'n' Well offer?

Home Health Visit

The free home visit with the nurse allows up to two hours and can cover anything the family would like to discuss. It includes tips and advice on a healthy home, reducing mould and the best heating options available. Many families are put in touch with other health and social services including the Asthma Society, local GP's, green prescription, vision and hearing and budgeting services to name a few.

Insulation

Where possible, homes get the ceiling and under the floor insulated. Draught stops are also installed to minimise draughts around the main external doors and hot water cylinders are wrapped to help reduce the household power bill.

Warm 'n' Well evaluated by Health Outcomes International

Families who applied to Warm 'n' Well were asked by Health Outcomes International (HOI) to provide feedback on how they thought the service worked for them.

A written survey was sent to families asking them to rate the Warm 'n' Well service and provide comments on their experience, including arranging appointments for the nurse visit and the insulation process.

Focus groups and some in depth case studies were also held. Feedback from the evaluation has been very positive with most people identifying a range of benefits from the insulation and the nurse visit. Having a health professional in their home who could spend time listening to the concerns of the family was something families really valued.

More thanks from families...

"Thank you so much, for being part of this awesome initiative where families like mine (7 of us) are able to be warmer in the winter and our children will be much healthier, that is less visits to the Doctors. (we made about 12-14 visits in total over the winter last year). The other thing is financially, we would have never been able to afford something like this even if we had been subsidised. This is a huge blessing".

"Just wanted to say a big thank you to your team for providing us with a nice insulated house. We have noticed a huge improvement in the warmth of our house and our son's asthma has improved immensely. We can not thank you enough so far winter hasn't been spent at the doctors."

Just a reminder that for families who don't meet the Warm 'n' Well criteria other options available are:

- snug homes www.snughomes.co.nz for free insulation 09 4770270.
- www.energywise.govt.nz for subsidised insulation 0800 358 676.

If you want to help take the chill off this winter, now's the time to call us and get homes warm and families well!



Te Runanga o Ngati Whatua



www.warmnwell.org.nz